

PELHAM SENIORS' ADVISORY COMMITTEE AGENDA

MEETING DATE: Wednesday, May 3, 2017 - 4:00 PM
Town of Pelham, Council Chambers, Fonthill

1. Declaration of Quorum and Call to Order
2. Adoption of Agenda
3. Disclosure of Pecuniary Interest & General Nature Thereof
4. Minutes Approval - Pelham Seniors' Advisory Committee Minutes, April 5, 2017
5. Presentations
Cathy Berkhout-Bosse Re: Message in a Bottle
6. Delegations
None
7. Business Arising from Minutes
 - i. Farmers Market – Volunteers Needed
 - ii. 150th Events in Pelham
 - iii. Summerfest – Discussion regarding Activities Appropriate for Seniors
 - iv. WHO Workplan – update
 - v. Conversation Café - discussion
8. Committee Reports
 - i. Age-Friendly Implementation Committee
 - ii. Canada Day
 - iii. Summerfest
 - iv. Joint Accessibility Advisory Committee
 - v. Pelham Active Transportation Committee
9. Niagara Age-Friendly Celebration, June 21, 2017
10. Correspondence to the Committee
 - i. Proclamation – Seniors' Month
11. Correspondence from the Committee
 - i. None
12. New Business
13. Adjournment

PELHAM SENIORS' ADVISORY COMMITTEE MINUTES

**MEETING DATE: Wednesday, April 5, 2017
4:00 PM
Town of Pelham Council Chambers**

Attendance: Sharon Cook, Vice-Chair (JAAC)
Gwen MacDougall (Lib Board)
Robert Hildebrandt (FMA)
Del Leney
Sue Kicul (FMA)
John Swart (PATC)
Debbie Rollo
Lisa Coxon

Regrets: Gail Hilyer, Chair (ADAC), Councillor Peter Papp
Liisa Harju (Arts), Tessa Piccolo/Lannie Seddon, MYAC

Staff: Judy Sheppard, Acting Deputy Clerk

1. Declaration of Quorum and Call to Order

The Chairperson, Sharon Cook, declared quorum and welcomed everyone.

2. Adoption of Agenda

Moved by: Bob Hildebrandt

Seconded by: Del Leney

THAT the agenda for the April 5th, 2017 Pelham Seniors Advisory Committee meeting be approved with the following amendment:

Add:

7(iv) Health and Wellness - update

CARRIED

3. Disclosure of Pecuniary Interest & General Nature Thereof

There were no pecuniary interests disclosed by any of the members present.

4. Minutes Approval - Pelham Seniors' Advisory Committee Minutes, March 1, 2017

Moved by: Del Leney

Seconded by: Sue Kicul

THAT the minutes of the March 1st, 2017 for the Pelham Seniors Advisory Committee meeting be approved, as presented.

CARRIED

5. Presentation

- i. Jodi Hendricks, Culture and Community Enhancement Programmer provided an update respecting planned events for the 150th events in Pelham

Ms. Hendricks provided a verbal presentation respecting the events that are being planned for the Canada 150th celebration in Pelham. The presentation included, but was not limited to, the following:

- Canada 150 Mural Mosaic Painting Workshops: June 8th and 9th; the members were encouraged to participate in this event by helping to paint the mural by painting 4 x 4 inch tiles to be part of the Pelham Mural that will be featured at the new Community Centre. There will be a presentation of the mural at the Canada Day Celebrations
- Canada Day Saturday – July 1st
- Canada Day Quilt – project still to be developed
- Heritage Tea – Mother's Day, Sunday, May 14th at 12:30 & 3:00 p.m. will have a focus on Canada's 150th
- Culture Days – September 29, 30, Oct 1st – project still to be developed but again will have a focus on Canada's 150th
- Supper Market, June 29th – will have a Canada 150th theme
- Transit service is free on Saturday, compliments of Peddlers Funeral Home
- Other upcoming events, yet to be announced will be communicated to the Committee

6. Business Arising from Minutes

- i. Pelham Voice – Survey Results Re: Affordable Housing
No update
- ii. WHO Workplan - Update

Ms. Cook provided an update on the World Health Organization (WHO) Workshop Plan and her update included, but was not limited to, the following:

- The workplan has been completed

- Will be requesting that the Mayor and Council of the Town of Pelham provide a letter of recommendation to support the application for nomination to the World Health Organization to have Pelham designated as an Age-Friendly Community
- The Committee is hopeful to receive the designation by June 2017 which will correspond with Seniors Month 2017

iii. Conversation Café - Discussion

Following a brief discussion, Ms. Cook requested that the members be prepared with suggestions at the next committee meeting that would potentially produce more involvement.

iv. Health and Wellness

Ms. Leney advised of a twelve (12) week physical workout program that is available from the Niagara College where focus is to help keep seniors in their own homes. Ms. Leney highly recommends this program and encouraged members to get the word out there to the seniors of the community regarding this information.

7. Committee Reports

i. Age-Friendly Implementation Committee

No update.

ii. Canada Day Committee

The Canada Day parade commences at 3:00 p.m. Music and cake will be served at Peace Park from 2 – 4:00 p.m.

iii. Summerfest 2017 Committee

Members were encouraged to think about activities that would be appropriate and of interest to seniors to participate in at the Summerfest and provide those suggestions at the next meeting.

iv. Joint Accessibility Advisory Committee

Ms. Cook advised that she is now the Chair of the Joint Accessibility Advisory Committee (JAAC) and that the committee is currently discussing how they can more readily support people with disabilities who are seeking employment. The Committee would also like to see the members of JAAC more involved in committees such as the Pelham Seniors Advisory Committee.

v. Pelham Active Transportation Committee

Mr. Swart provided a verbal update and suggested that, going forward, the committee forward their concerns to the Pelham Active Transportation Committee with suggestions for their consideration.

8. Niagara Age-Friendly Celebration, June 21, 2017

Ms. Cook advised that Pelham has fifteen (15) seats reserved for members, Mayor and Committee Resource Person to attend the “Celebrating Age-Friendly Niagara” conference, Wednesday, June 21, 2017 from 8:15 a.m. to 3:00 p.m. at the Amici’s Banquet and Convention Centre, 2740 Merrittville Hwy, Thorold. Each of the members present received an application and suggested that the application along with the \$20 fee be returned at their earliest.

9. Correspondence to the Committee

- i. Response from Council regarding Affordable Housing for Seniors
Received as information.
- ii. Response from Council regarding Age-Friendly Community Designation
Received as information.
- iii. Response from Council regarding Survey on Affordable Housing for Seniors
Received as information.

10. New Business

i. Seniors Month – 2017

June 1 – 30, 2017 is Seniors Month

Moved by: Del Leney

Seconded by: Gwen MacDougall

That the Pelham Seniors Advisory Committee request that Council light up the Arches with the color blue in addition to designating the month of June 2017 as Seniors Month in Pelham.

Carried.

ii. Canada 150 Events – List

For disposition of this item, please see Agenda Item No. 5.

iii. Canadian Medical Association – Volunteers Play a Role in Needs of Older Canadians
No report.

iv. Age-Friendly Community Planning Outreach Initiative

Ms. Cook advised that Brantford is looking for three representatives from Pelham to volunteer. The following members indicated interest:

1. Deb Rollo
2. Del Leney
3. Gwen MacDougall
4. Gail Hilyer

v. Pelham Seniors Survey

Ms. Cook asked that this item be forwarded to the next meeting, May 3rd for discussion.

11. Adjournment

Moved by: Gwen MacDougall

Seconded by: Bob Hildebrandt

THAT the meeting of the Pelham Seniors' Advisory Committee, April 5, 2017, be adjourned at 5:27 p.m.

CARRIED

Vice-Chair: Sharon Cook

Acting Deputy Clerk: Judy Sheppard

Thank you for your application to the WHO Global Network of Age-friendly Cities and Communities. It has been successfully submitted and will be processed in due course.

Merci pour votre demande d'inscription au Réseau mondial OMS de villes et des communautés amies des aînés. Elle a été soumise avec succès et sera traitée prochainement.

Data submitted

<h4 class="error">JavaScript seems to be disabled. Please enable JavaScript in your browser preferences.</h4>

Application form for the WHO Global Network of Age-friendly Cities and Communities

Formulaire d'inscription pour rejoindre le Réseau mondial OMS des villes et des communautés amies des aînés

Thank you for your interest in joining the WHO Global Network of Age-friendly Cities and Communities. If your application is successful, the information you provide in this form will be used to create a profile page for your city or community published on [Age-friendly World](#). This website will help you to increase the visibility of your work, enable you to inspire change by showing what you have done and how you have done it. It will connect you to cities and communities worldwide to facilitate the exchange of information and experience, and support cities and communities to find solutions through innovative and evidence-based technical guidance.

Merci pour votre intérêt de joindre le Réseau mondial OMS des villes et des communautés amies des aînés. Si votre application est retenue, les informations contenues dans ce formulaire seront utiliser pour créer et publier le profil de votre ville/communauté sur [Age-friendly World](#). Ce site web vous assistera à augmenter la visibilité de votre travail, vous permettra à inspirer le changement en montrant ce que vous avez déjà fait et comment. Il vous permettra de vous connecter avec d'autres villes/communautés dans le monde entier pour faciliter l'échange d'information et d'expérience et à supporter les villes/communautés à trouver des solutions avec des conseils techniques et innovatrices.



WHO Global Network for Age-friendly Cities and Communities

1) City/Community details

1) Coordonnées de la ville/communauté

Name of city/community

Nom de la ville/communauté

*

Town of Pelham

Region or state

Région ou département

Region of Niagara

Country

Pays

*

Canada

Your city/community's population size

Nombre d'habitants

*

17657

% of residents above the age of 60

% d'habitants de plus de 60 ans

*

29.00

Are you applying through one of the Network's Affiliated Programmes?

Est-ce que votre inscription passe par un programme affilié au réseau?

*

I am not a member of any of these affiliated programmes

2) Commitment towards becoming an age-friendly city/community
2) Engagement pour devenir une ville/communauté amie des aînés

Letter of commitment from the Mayor**Lettre d'engagement du maire**

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[Mayors Letter of Support - WHO Pelham Seniors Advisory Committee WHO Designation Application.pdf](#)

Mayor's name and title**Nom et titre du maire**

*

Mayor David Augustyn

Address of the Mayor's office**Adresse du bureau du maire**

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20 Pelham Town Square
PO Box 400
Fonthill, ON L0S 1E0

3) Designation of contact person for the Global Network**3) Désignation du contact pour le réseau**

Please appoint a contact person in your local administration for all correspondence and collaboration with the WHO and other Global Network members. For the facilitation of exchange and communication worldwide, it is preferable that the contact person is able to communicate in English.

Merci de bien vouloir désigner une personne dans votre administration en tant que contact pour toute correspondance et coopération avec l'OMS et les autres membres du réseau. Pour faciliter l'échange avec le réseau, il est recommandé que la personne parle anglais.

Title**Titre**

*

Mrs.

Name**Nom**

*

Nancy Bozzato

Position**Fonction**

*

Town Clerk

Role in city/community's age-friendly initiative**Rôle dans l'initiative des villes/communautés amis des aînés**

*

Clerk of Council

E-mail address

Courriel

*

nbozzato@pelham.ca

Telephone number (including international dialling code)

Numéro de téléphone (y compris indicatif pays)

*

905-892-2607 ext. 315

4) Description of your age-friendly activities to date

4) Description de vos activités à ce jour visant les aînés

Please note that the information you provide will be published on your profile page on [Age-friendly World](#).

Veuillez noter que ces informations seront publiées sur votre profil sur [Age-friendly World](#).

Please provide a brief summary (250-300 words) of your city/community's policies, programmes and services targeted at older people and how you are planning to make it more age-friendly.

Veuillez décrire brièvement (250-300 mots) les programmes, pratiques et services de votre ville/communauté visant précisément les aînés et comment vous prévoyez de rendre votre ville/communauté encore plus convivial pour les aînés.

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Over recent years, the Town of Pelham's elected leadership has made the commitment to actively work toward making the town a great place for people of all ages. A Pelham Seniors Advisory Committee (PSAC) has been established to advocate for seniors in the Community. The PSAC has established the following four (4) goals:

1. Be an Advocacy Group for Seniors
 - a. Advocate for affordable housing in the Town of Pelham
 - b. Support the Pelham Transit Program
 - c. Seek Age-Friendly Designation through the World Health Organization
 - d. Provide Age-Friendly feedback on events and activities
 - e. Ensure Seniors are included in all Town events and opportunities
 - f. Encourage seniors to speak for themselves
2. Increase Communication of Seniors Programs and Services
 - a. Find creative ways to reach those we are not yet reaching
 - b. Collaborate with new outlets to distribute information for seniors
3. Research and Information Sharing
 - a. Identify successes and gaps in Age-Friendly Services
 - b. Keep current in Age-Friendly resources
 - c. Share PSAC success with the Town and the World
4. Create a Link and Bridge the gap between Seniors and Other Groups
 - a. Encourage a viable volunteer base for the Town
 - b. Identify resources to mutually benefit seniors and other groups

The WHO designation will highlight the town's successes in the eight (8) key features of Age/Friendly that include outdoor spaces and buildings, transportation, housing, social participation, respect and social inclusion, civic participation and employment, communication and information, and community health services.

Please provide a picture (skyline or logo) to illustrate your age-friendly activities.
Veillez choisir une photo (logo, skyline) pour illustrer vos activités visant les aînés.
*

[SeniorsForumAd-2015.pdf](#)

If you have a dedicated web page on your age-friendly activities, please include it here. If not, indicate your city or community website.
Si vous avez un site web dédié aux activités visant les aînés, veuillez l'indiquer. Sinon indiquez le site de votre ville/communauté.

http://www.pelham.ca/en/about-us/Pelham-Senior_s-Advisory-Committee.aspx

If you have already conducted an age-friendly baseline assessment of your city/community, please upload it.
Si vous avez déjà conduit une évaluation fondamentale de la convivialité de votre ville/communauté, veuillez la télécharger.

[PSAC-Summary-2017.pdf](#)

If you have already developed a strategy or action plan to make your city/community more age-friendly, please upload it.
Si vous avez déjà développé une stratégie ou un plan d'action pour rendre votre ville/communauté plus conviviale, veuillez la/le télécharger.

[2017 Strategic Plan - Final Challenge Map.docx](#)

5) Engagement of older people

5) Engagement des aînés

How are you engaging and involving older people in the process of becoming a more age-friendly city/community?
Comment collaborez- et impliquez-vous les aînés dans le processus de devenir une ville/communauté plus conviviale?
*

The Town of Pelham is engaging and involving older people in the process of becoming a more age-friendly community by working towards the following:

Outdoor Spaces and Buildings:

- Representation of PSAC on planning of new Community Centre
- Parks are well maintained. Many parks were designed to include more benches, outdoor washroom facilities and exercise equipment
- Snow removal of sidewalks was implemented to ensure a safer walk place for residents
- Events accommodate all ages. More seating, benches, washrooms and access to drinking water
- Plans in motion for increased outdoor benches through Pelham Active Transportation Committee

Transportation

- New ideas to accommodate growing traffic chicane
- Funding provided by Town to support accessible transportation (van) with regular scheduled

trips and reasonable fees

- Volunteer Committee that reports to council on issues related to transportation of residents (Pelham Active Transportation Committee)
- Pelham Transit services are available to take seniors to events, shopping excursions and field trips.
- Volunteer and/or an informal network of drivers is available
- Information is provided to seniors about the range of transportation services (public and private) available to them, including information on how and where to access them, updated timetables and cost
- The use of public and alternative transportation is promoted in the community
- A local grocers transportation picks up of older adults from retirement facilities, apartments etc.

Housing

- New development occurring
- PSAC hosted housing forum to engage partners including developers, builders, Town Council and community members to review seniors housing needs
- Presentations to Council on housing – PSAC encouraging council to make planning changes that will encourage suitable building options
- Housing is located in close proximity to services
- Affordable supports are available to enable seniors to remain at home
- Assisted living options are available

Social Participation

- Events and activities are conveniently located
 - Events are held at time convenient for older adults
 - Events consider needs and wants of all age groups
 - Information about activities is readily available in multiple formats of communication
 - Home visits through volunteer visiting programs are provided to those who do not, or cannot, leave their homes.
 - Community activities bring together different generations – SummerFest, Weekly Summer Bandshell Concert, Farmer's Market, Canada Day Celebration
 - Intergenerational courses, crafts, computer literacy, adult driver renewal sessions and hobbies are available with minimal or no costs through the Pelham Public Library
- Respect and Social Inclusion
- PSAC hosted a number of forums on topics related to seniors issues, housing, safety and security, community health and support
 - PSAC members are of various ages and participate in a number of forums dealing with senior issues , safety and security, housing, community health and support
 - An interactive speaker series (Conversation Café) has been created that delivers important information (e.g. on health issues, protection against fraud)
 - Older persons are asked for their input into public issues
 - Contributions of seniors are honoured in the community through events and/or awards (Town of Pelham Annual Volunteer Recognition Event)
 - Mayor and Council support events recognizing seniors...Minutes of Silence for longtime volunteers, Mayors for Meals annual event
 - Seniors are "celebrated" by local service clubs. One example is the selection of the "Citizen of the Year". Local media includes information of interest to seniors, as well as stories celebrating seniors' achievements and awards

• The Great Coat Project which is a project by a young woman living in Pelham which is in honour of veterans, from Pelham, who were members of the Canadian Armed Forces. To have individual names embroidered on a "patch" to be attached to a Great Coat circa WW1. . One example of such a "patch" was embroidered by Mary Balint with the names of Tom and Kathleen Fowler.

- Memorial Bricks sponsored by Branch 613 of the Royal Canadian Legion, in memory of Pelham residents who were members of the Armed Services.

Civic Participation & Employment

- Pelham Seniors Advisory Committee acts as an advocate to represent the interests and concerns of older adults
- PSAC members are active in community planning
- Older adults are encouraged to volunteer and remain engaged in the community by providing them with flexible and accessible opportunities
- Individuals are approached personally to participate in volunteer activities

Communication and Information

- There is regular and reliable distribution of information about events and programs (including contact information) through local government and/or voluntary organizations
- Information is disseminated/posted where seniors conduct their daily activities – (library, town hall, churches)
- Important information is disseminated in forums, including public meetings and information sessions
- Written communication is clearly printed in large letters and is easy to read, with simple messaging
- The Town utilizes multi formats for information dissemination including website, local newspaper, and social media
- The local media promotes and supports stories that are of interest to and highlight successes of older adults

Community and Health Services

- Transportation services are provided to regional centres
- Health and Wellness Centre in planning (2018)
- Wellspring Cancer Center scheduled to open in 2017
- A range of health and community support services is offered for promoting, maintaining and restoring health.
- Home care services include health and personal care and housekeeping.
- Staff is respectful, helpful and trained to serve older people
- Residential care facilities and designated older people's housing are located close to services and the rest of the community (Lookout Ridge, 45 & 55 Pelham Town Square, Shorthills Retirement Home)
- Clear and accessible information is provided about health and social services for older people

6) Cross-sectoral collaboration

6) Collaboration intersectoriel

What mechanisms have you/are you planning to put in place to facilitate collaborative planning and implementation between different departments of the local administration and across sectors?

Quels sont les mécanismes que vous avez ou que vous projetez de mettre en place pour faciliter la planification et la mise en œuvre collaborative entre les différents départements de votre administration locale et à travers d'autres secteurs?

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Pelham Seniors Advisory Committee (PSAC) membership continues to be representative of core interests, services and opportunities for seniors and participated in events sponsored by community groups and the Town social events which resulted in the creation of a link between Seniors and other groups. The Committee agendas and minutes are posted on the PSAC Webpage which encourages public attendance at regular committee meeting and other events.

PSAC supported the Town's pilot Transit project including recommending additional stops at seniors' residences and promoted the use of bus-related events such as "ride the bus" event and other appropriate events in order to promote public transportation in Pelham. PSAC also responded to Recreation, Culture and Wellness request for input regarding seniors' facility and programming requirements related to the proposed Community Centre.

PSAC members have also created a mechanism for research, information and fact-finding. All information related to programmes, research and appropriate educational activities has been routinely shared with PSAC members and others. A request was submitted to receive regular reports on appropriate partner activities, including the Niagara Age-Friendly Implementation Committee, Service Clubs, and Library. Seniors Forums have become a regular quarterly event which focuses on appropriate subjects of interest to seniors. Members of PSAC participate regularly in webinars focused on appropriate subjects for seniors.

7) Participation in the WHO Global Network of Age-friendly Cities and Communities

7) Participation dans le Réseau mondial OMS des villes et communautés amies des aînés

What motivated your city/community to become a member of the Global Network?

Qu'est-ce qui a motivé votre ville/communauté à devenir membre du réseau?

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The Town of Pelham is motivated to become a member of the Global Network to foster the exchange of experience and mutual learning between our community and the world. We are striving to promote healthy and active ageing and a good quality of life for older residents which include inclusive and accessible urban environments to benefit and welcome ageing populations.

- In an effort to address the ever increasing senior population and the contributions and challenges that go along with that, the Town of Pelham is committed to acknowledging the importance of the senior demographic.
- The Town of Pelham enjoys a 29% of the senior population, one of the higher of the Niagara Region and significantly higher than the Provincial average.
- In joining our partner-communities, the Town of Pelham wishes to be the second WHO designated community within the Niagara Region joining the City of Welland.
- The Town of Pelham has had a Seniors Advisory Committee working towards this goal for the past five (5) years.
- The Town of Pelham and partnering communities join together to plan and host a Region-wide Forum dedicated to celebrating Canadian seniors during Canada's 150th Celebrations.

How do you hope to contribute to the Global Network?

Comment espérez-vous contribuer au réseau?

*

The Town of Pelham can benefit immeasurable from having a safe and supportive environment encouraging our seniors to take ownership of this new age-friendly era. We are hopeful that our participation in this designation will encourage seniors locally, within the Niagara Region, Provincially, Nationally and worldwide to be a voice to become involved in the age-friendly movement.



Vibrant · Creative · Caring

Proclamation

Seniors' Month

June 1 – 30, 2017

WHEREAS Seniors' Month is an annual province-wide celebration;

WHEREAS seniors have contributed and continue to contribute immensely to the life and vibrancy of this community;

WHEREAS seniors continue to serve as leaders, mentors, volunteers and important and active members of this community;


WHEREAS their contributions past and present warrant appreciation and recognition and their stories deserve to be told;

WHEREAS the optimal health and well-being of seniors is in the interest of all and further adds to the health and well-being of the community;

WHEREAS the knowledge and experience seniors pass on continues to benefit all;

THEREFORE BE IT RESOLVED THAT, the Corporation of the Town of Pelham does hereby proclaim June 1st-30th, 2017 as Senior's Month in Pelham and that the Town further celebrate by lighting the arches blue.

DATED AT the Town of Pelham this 26 day of April, 2017.


MAYOR DAVE AUGUSTYN
TOWN OF PELHAM

| Pelham Seniors' Advisory Committee |