Pelham
NIAGARA

Vibrant · Creative · Caring

Pelham Senior's Advisory Committee Minutes
Tuesday, January 16, 2020 @ 1:30 p.m.

Present:
Sharon Cook (President)
Del Leney (Vice President)
Wayne Olson
Susan Buckingham
Dave Nicholson
Gwen MacDougall (Library)
Julie Cook (Senior Programmer)
Brittany MacLean (Active Living Programmer)

Absent with Regrets:
Anna Oakes (Lookout Ridge)
Elena Simone-Simonetti
Councillor Marianne Stewart
Anne Villalta

1. **Declaration of Quorum and Call to Order**-1:31pm by Sharon Cook

2. **Additions to Agenda**
   a. SAY IT

3. **Adoption of Agenda**
   Moved by: Wayne Olson
   Seconded by: Gwen MacDougall

4. **Disclosure of Pecuniary Interest and General Nature thereof**
   None.

5. **Approval of Minutes of Previous Meeting**.
   Moved by: Susan Buckingham
   Seconded by: Gwen MacDougall

   THAT the minutes of the December 18, 2019 Pelham Seniors Advisory Committee meeting be approved, as amended.
   CARRIED

20 Pelham Town Square P.O Box 400 · Fonthill, ON L0S 1E0 p: 905.892.2607 f: 905.892.5055
pelham.ca

6. **Correspondence**-None.

7. **Business Arising from Minutes:**

- **Niagara Age Friendly Network Meeting January 7th, 2020- Big event in May for Seniors in the Region-** After the meeting on January 7th, the final date chosen for this event will be May 13th and is currently being referred to as 'Seniors in Motion'. The development of a general agenda is being created, including a keynote speaker and a Thai chi warm up, before active stations in the arena pad. After lunch, 3 speakers in the health field will speak. Seniors will then return to the active stations for more activities, before a closing taking place at approximately 3:00pm. The next scheduled meeting is January 22nd, where the Chair will report back to the Committee with more information at the next meeting.

- **Automatic Door Opening to Lounge**- The automatic door opener has been removed from an old Town building and is waiting to be installed to the walking track door entrance of the Active Living Lounge.

Seniors Calendar Schedule in the 'Voice'- Putting the 55+ Calendar in the Voice is costing approximately $400 a month. Committee members do not feel as though this cost is a good way to spend their budget. Alternatively, the Active Living Programmer will continue to send the calendar out by email to the contacts in our Senior data base, as well as posting the calendar in the library, in the MCC and having them available at the front desk. Committee Members would like to negotiate a deal with the Voice, such as a contract for a set amount of months at a reduced cost. The Chair will be contacting the Voice to negotiate the cost. Marc, the Communications and Public Relations Specialist, will be invited to the next meeting to discuss possible alternative options.

- **Getting to know your Municipal Leaders**- have the members of the town come and share what they do to better make seniors aware of their roles within the community. Taking place on Wednesdays every second week around 2:00pm. Starting the week of February 12th and 26th.

Motion: To spend $400 a month for 6 months to continue advertising the 55+ calendar in the Voice, while negotiating this price with the Voice.
Moved by: Wayne Olson
Seconded by: Del Leney
Differed.

Committee Members continued to discuss other options and the targeted demographic they are reaching through advertising in the paper. Through this, the Committee came to a collective agreement to continue advertising the 55+ calendar in the Voice for the Month of February, while continuing discussions with

Marc and the Voice regarding prices and options. This decision and other options will be visited again at meetings in the future.

- **Name Tags, Shirts and Jackets-** Name tags for Committee Members have been ordered. Julie will be ordering shirts for Members who do not yet have a PSAC shirt.

- **2020 Initiatives- Seminars** – Some initiatives the Committee is discussing include hosting a "know your rights" seminar for renters and landlords to help them better understand the landlord tenant act, informing those individuals of their rights and responsibilities. Looking at a cooking for 1 class in partnership with a Niagara Health Dietitian, covering the topics of planning, shopping and cooking for 1. It has been suggested that Wellspring next door would be a great place to host as they have a full kitchen, and is easily accessible by transit for attendees. The last Brock Godfrey forum was a great success, with hopes that he will be available to return in the fall for an additional forum in Pelham. Hosting a 3rd annual Fall Seniors Fair is also in discussion, emphasizing the involvement of the service clubs to promote where volunteers are needed within the community. The dates of these events will be decided on at the next meeting.

- **Care Givers Club-** The Pelham Seniors Advisory Committee will be partnering with the Alzheimer Society to host a free screening of The Caregivers Club, on April 1 from 1-3pm. This is a film about 4 families and their journey with dementia. This event will include refreshments, treats and a Q&A after the screening.

8. **New Business**
    - **Elder Abuse Meeting Report-** Crime Stoppers – The Ontario Trillium Foundation is giving $52,500 of funding to host Crime Stoppers forums in each of the municipalities on elder abuse. PSAC hopes to have the opportunity at hosting one in Pelham at the Meridian Community Centre.
    - **Seniors Lounge Agenda-** The 2020 initiatives and seminars as discussed above will be added to our monthly 55+ Active living lounge calendars to help promote the events, and offer more speakers and forums to help educate and make seniors aware of resources and programs within the community.
    - **Disabled Parking-** Disabled parking at the MCC is not being monitored and individuals who are using these spots do not always need or have the permits to use these spots. Signs must be visible in front of the parking spot in order for them to be enforceable. Currently the MCC only has 2 spots with accessible parking signs, yet they are still not being enforced. The Committee discussed that because this is a Designated Seniors Centre, that accessible parking should be made a priority to better accommodate and assist the guests visiting the Community Centre Daily

for programs and activities. Members from PSAC have agreed to bring this issue to council in order to create a change.

- **SAYIT-** The Senior and Youth Intergenerational Theatre is starting up at the end of the month, with dates soon to be announced. This program will start from the beginning, using interviews and conversation circle style conversations between seniors and youth to create dialogue and context for the performance they will create. This year, a second group will be created, where they will be discussing an critiquing parts of a play, similar to a book club.

9. **Next Meeting**: Thursday, February 20th, 2020 from 1:30-3:30pm

10. Adjournment

Motion to Adjourn: Wayne Olson
THAT the meeting of the Pelham Seniors Advisory Committee meeting, January 16, 2020 adjourned at 2:48pm.
CARRIED.

Sharon Cook, Chair

Secretary