

JUNE 2020

Active living is healthy living.



June is Recreation & Parks Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Enjoy the shade under Pelham's 500 year old Comfort Maple	2 Senior Centre Without Walls: Table Topics 11-11:45am	3 Senior Centre Without Walls: Party Line Conversation Circle 1:30-2:30pm	4 Senior Centre Without Walls: Mind & Memory Power 11-11:45am	5 See the stars! Stay up late to check out the big and little dipper.	6 Fill out the #JRPM Bingo Card!
7 Bird Watch! How many different birds fly through your neighbourhood?	8 Get your garden growing for fresh produce all summer long.	9 Senior Centre Without Walls: Mindfulness 11-11:45am	10 Senior Centre Without Walls: Party Line Conversation Circle 1:30-2:30pm	11 Farmers' Market starts tonight. 4:00pm-Dusk	12 Take a hike on any Pelham Trails	13 Take a ride on a virtual rollercoaster!
14 Colour some colouring sheets to show support for #PelhamUNITES	15 Have a picnic in a Pelham Park! Explore a new park and enjoy some food!	16 Senior Centre Without Walls: Good News! 11-11:45am	17 Senior Centre Without Walls: Party Line Conversation Circle 1:30-2:30pm	18 Visit the Farmers' Market 4:00pm-Dusk	19 Complete the #PelhamUNITES word search.	20 Take Pelham Transit! Pre-book 48 hours in advance. 905-892-2607 x347
21 Happy Fathers Day! Take a family hike!	22 Paint some #PelhamUNITES rocks.	23 Ride your bike along the Berkhout Rail Trail.	24 Senior Centre Without Walls: Party Line Conversation Circle 1:30-2:30pm	25 Visit the Farmers' Market 4:00pm-Dusk	26 Visit one of the many parks in Pelham & throw a frisbee with a family member.	27 Take your dog to the Centre Street Leash-Free Park!
28 Leave a note for the neighbours in sidewalk chalk outside your house.	29 Decorate for the Canada Day House Decorating Contest!	30 Senior Centre Without Walls: Pelham Cares & The Community 11-11:45am	<div data-bbox="955 1258 1438 1550" data-label="Complex-Block"> <p>Legend pelham.ca/pelham-UNITES pelham.ca/beat-the-boredom pelham.ca/tne pelham.ca/parks pelham.ca/canada-day</p> </div>			



PARKS AND RECREATION ONTARIO

#JRPM2020

