


Meridian Community Centre

January- March 2019


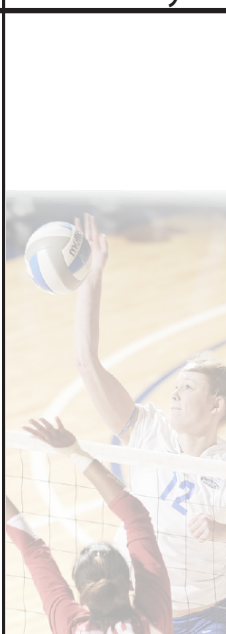


Arena Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PUBLIC SKATE 1:00-2:20pm	WOMEN'S LEARN TO PLAY 9:45-10:20am 65+ STICK & PUCK 10:00-10:50am WOMEN'S SHINNY 10:30-11:20am ADULT LEARN TO SKATE 1:00-1:50pm ADULT SKATE 2:00-2:50pm STICK & PUCK (Age 6 & under) 3:00-3:50pm STICK & PUCK (Age 7-12) 4:00-4:50pm	MEN'S SHINNY 8:00-8:50am ADULT & PRE- SCHOOL SKATE 1:00-1:50pm STICK & PUCK (Ages 13-17) 3:30-4:20pm	PUBLIC SKATE 3:00-3:50pm	ADULT & PRE- SCHOOL SKATE 9:30-10:20am WOMEN'S SHINNY 9:45-10:35am MEN'S 60+ SHINNY 10:30-11:20am ADULT SKATE 1:00-1:50pm	MEN'S SHINNY 9:00-9:50am MEN'S 60+ SHINNY 10:00-10:50am TICKET ICE 3:30-4:20pm 18+ STICK & PUCK 5:00-5:50pm PUBLIC SKATE 7:30-9:20pm	

Program Schedule

All dates and times subject to change.
Arena program are subject to a 50 min hour to allow time for ice flood.
Please visit website for full details and applicable fees.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	PICKLE BALL (All levels) 11:30-2:30pm PICKLE BALL (Beginner) 7:30-10:00pm	WALKING CLUB 9:00am PICKLE BALL (All Levels) 9:00-12:00pm ZUMBA GOLD 9:30-10:30am VOLLEYBALL 12:30-2:30pm STAY FIT: EXERCISE PROGRAM 1:00-2:00pm ZUMBA 6:30-7:30pm	PICKLE BALL (All Levels) 9:00-12:00pm ZUMBA 9:30-10:30am KEEPING BALANCE 10:30-11:30am PICKLE BALL (All Levels) 7:30-10:00pm	WALKING CLUB 9:00am PICKLE BALL (All Levels) 11:30-2:30pm STAY FIT: EXERCISE PROGRAM 1:00-2:00pm	PICKLE BALL (All Levels) 9:00-12:00pm MOM & BABY FITNESS 9:30-10:30am KEEPING BALANCE 10:30-11:30am PICKLE BALL (All Levels) 7:30-10:00pm	

Adult/ Senior Programming

MOM & BABY FITNESS

Friday mornings from 9:30am-10:30am

Join us for this full body, low impact workout while babies join or watch!
Drop in \$8.00

SENIORS PROGRAMS:

KEEPING BALANCE AND STAY FIT

Keeping Balance: held Wednesdays and Fridays from 10:30-11:30am

Stay Fit: Tuesdays and Thursdays from 1:00-2:00pm

Free Transit for Seniors to all seniors programming.

THE WALKING CLUB

Tuesdays and Thursdays at 9:00am

Meeting in the lobby of the Meridian Community Centre.

Get out, be healthy and be social! The Walking Club meets all year round, rain or shine! Make sure to dress appropriately for the weather.

VOLLEYBALL

Tuesdays from 12:30-2:30pm

Co-ed, recreational volleyball -players must be 18 or older to participate.

Drop in \$6.00 or Activity Punch Pass \$80 for 20 drop in classes.

PICKLE BALL

Mondays from 11:30am-2:30pm (All Levels), 7:30-10:00pm (Beginner)

Tuesdays from 9:00am-12:00pm (All Levels),

Wednesdays from 9:00am-12:00pm (All Levels), 7:30-10:00pm (All Levels)

Thursdays from 11:30am-2:30pm (All Levels)

Fridays from 9:00am-12:00pm (All Levels), 7:30pm-10:00pm (All Levels)

Co-ed, recreational pickle ball -players must be 18 or older to participate.

Drop in fee \$6.00 or Activity Punch Pass \$80 for 20 drop in classes.

Child/Youth Programming

MARCH BREAK CAMP

March 11-15 from 9:00am-4:00pm Ages 4-12

A full week of activities including skating, trips, crafts, games and gym time!

5 Days: \$185.00/child (3rd child discount - 25%) Single Day: \$65

Meal Plan and Extended care option available.

Registration open now!

More
Programs to
come!

Events:

PELHAM BIG BAND DANCE NIGHT

Featuring the Jimmy
Marando Swing Band

Tuesday, February 19 and runs every third

Tuesday of the month

Held at the Meridian Community Centre.

*Admission is free.

Doors open 6:30pm the band
plays 7:30-9:30pm

COMEDY NIGHT IN PELHAM

Saturday, February 23

Join us at the Meridian Community
Centre for an evening of laughs, headlined
by "That Canadian Guy" Glen Foster!

Doors open 7:00pm, Showtime 8:00pm

For more information and to purchase
tickets visit Eventbrite.

SAVE THE DATE! FAMILY DAY

Monday, February 18
from 11:00am-3:00pm

Join us at the Meridian Community
Centre for activities and fun for the whole
family!

More details at www.pelham.ca

Children's Birthday Party Rentals

Party Rentals can be held during any public skate; includes admission for 25 children and 2 adults plus 2 hours use of the Kinsmen Room at the Meridian Community Centre.

Fee: \$125.00 plus insurance

100 Meridian Way
Fonthill, ON • L0S 1E6

Programming contact: Karen Blake • kblake@pelham.ca • 905-892-2607 x347
Facilities Rental contact: Maggie Young • myoung@pelham.ca • 905-892-2607 x360
www.pelham.ca