

Meridian Community Centre

January- March 2019



Arena Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PUBLIC SKATE 1:00-2:30pm	WOMEN'S LEARN TO PLAY 9:45-10:30am 65+ STICK & PUCK 10:00-11:00am WOMEN'S SHINNY 10:30-11:30am ADULT LEARN TO SKATE 1:00-2:00pm ADULT SKATE 2:00-3:00pm STICK & PUCK (Age 6 & under) 3:00-4:00pm STICK & PUCK (Age 7-12) 4:00-5:00pm	MEN'S SHINNY 8:00-9:00am ADULT & PRE-SCHOOL SKATE 1:00-2:00pm STICK & PUCK (Ages 13-17) 3:30-4:30pm		ADULT & PRE-SCHOOL SKATE 9:30-10:30am WOMEN'S SHINNY 9:45-10:45am ADULT SKATE 1:00-2:00pm	MEN'S SHINNY 9:00-10:00am MEN'S 60+ SHINNY 10:00-11:00am TICKET ICE 3:30-4:30pm 18+ STICK & PUCK 5:00-6:00pm PUBLIC SKATE 7:30-9:30pm	

Program Schedule

All dates and times subject to change.
 Arena program are subject to a 50 min hour to allow time for ice flood.
 Please visit website for full details and applicable fees.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	PICKLE BALL (All levels) 11:30-2:30pm YOUTH OPEN GYM (Ages 13-17) 4:00-5:00pm PICKLE BALL (Beginner) 7:30-10:00pm	WALKING CLUB 9:00am PICKLE BALL (All Levels) 9:00-12:00pm ZUMBA GOLD 9:30-10:30am VOLLEYBALL 12:30-2:30pm STAY FIT: EXERCISE PROGRAM 1:00-2:00pm ZUMBA 6:30-7:30pm	PICKLE BALL (All Levels) 9:00-12:00pm ZUMBA 9:30-10:30am KEEPING BALANCE 10:30-11:30 AM PICKLE BALL (All Levels) 7:30-10:00pm	WALKING CLUB 9:00am PICKLE BALL (All Levels) 11:30-2:30pm STAY FIT: EXERCISE PROGRAM 1:00-2:00pm	PICKLE BALL (All Levels) 9:00-12:00pm MOM & BABY FITNESS 9:30-10:30am KEEPING BALANCE 10:30-11:30 AM PICKLE BALL (All Levels) 7:30-10:00pm	CHEERLEADING (ages 3-11) 9-10:00am

Adult/ Senior Programming

MOM & BABY FITNESS

Friday mornings beginning January, 18th at 9:30am-10:30am
Join us for this full body, low impact workout while babies join or watch!
Drop in \$8.00

SENIORS PROGRAMS: KEEP BALANCE AND STAY FIT

Keeping Balance: Wednesdays and Fridays from 10:30-11:30am
Stay Fit: Tuesdays and Thursdays from 1:00pm-2:00pm

THE WALKING CLUB

Tuesday and Thursdays at 9:00am
Meet in the lobby of the Meridian Community Centre.
Get out, be healthy and be social! The Walking Club meets all year round, rain or shine! Make sure to dress appropriately for the weather.

BALLROOM DANCING

Valentine's Day Dance Social - Saturday, February 9th from 7:00-10:00pm
Social held at the Meridian Community Centre
Tickets are \$10.00 - Complimentary coffee, tea, water and snacks provided

Child/Youth Programming

P.D. DAY CAMP

Friday, January 18th from 9:00am-4:00pm Ages 4-12
A full day of activities including skating, crafts, games and gym time!
\$65.00/Child Pizza lunch included. Extended care option available.

Youth-Open Gym

Mondays starting January 7th from 4:00-5:00pm Ages 13-17
Join us for Youth Open Gym! Town staff will be onsite in the gym enforcing fair play rules and to ensure all participants act in a manner which is safe and fun.
No pre-registration required as this is a drop in program. Proper indoor non-marking shoes required.
Drop in fee: \$2.50



Events:

PELHAM BIG BAND DANCE NIGHT

Featuring the Jimmy Marando Swing Band
Tuesday, January 15 and runs every third Tuesday of the month
Held at the Meridian Community Centre.
*Admission is free.
Doors open at 6:30pm the band plays 7:30-9:30pm

SAVE THE DATE! FAMILY DAY

Monday, February 18th from 11:00am-3:00pm
Join us at the Meridian Community Centre for activities and fun for the whole family!
More details at www.pelham.ca

Children's Birthday Party Rentals
Party Rentals can be held during any public skate; includes admission for 25 children and 2 adults and 2 hours use of the Kinsmen Room at the Meridian Community Centre.
Fee: \$125.00 plus insurance